

LIFESTYLE MEDICINE EVENING

Thursday 20th February

6.30pm - 8.30pm

Doors open 6pm

at Harrow Leisure Centre



Hear from local doctors and healthcare professionals



Speak to community organisations to find out what they can offer to improve your wellbeing



Try new activities and meet like-minded people!

 Register at our GP practice



www.thepinn.co.uk

**FREE AND OPEN
TO EVERYONE!**

Conference Room
Harrow Leisure Centre
Christchurch Avenue
Harrow, HA3 5BD