



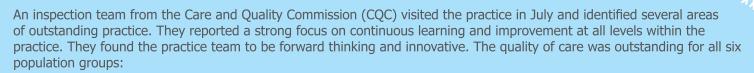
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PMC rated Outstanding by CQC





- 1. Older patients
- 2. Patients with long term conditions
- 3. Families, children and young people
- 4. Working age patients (including those recently retired and students)
- 5. Patients whose circumstances may make them vulnerable
- 6. Patients experiencing poor mental health (including people with dementia)

The CQC inspectors were also impressed with the work of the Patients' Association, particularly with our team of driver volunteers. We are delighted our volunteers were recognised in the report. The full inspection report is available on our website **www.pinnpatients.org**



'Staff are approachable, committed and caring.' 'Engaged Patients' Association influences the development of practice.' 'Patients are treated with compassion, dignity and respect.'

'Inspiring
leadership responds
to patients' needs
and strive to deliver
and motivate staff
to succeed.'



STP in the news!



STPs have been in the news recently and many of you might be forgiven for thinking the nation is at risk of some dreaded disease.

Fortunately, or unfortunately, depending on your point of view, it relates to yet more NHS reforms. You may recall my mention of the Five Year Forward View (FYFV) in previous issues of the Pinn Piper. NHS England has requested each of its 44 regional areas to produce a Sustainability and Transformation Plan (STP) to support the implementation of the FYFV. Each STP is expected to address the challenges facing the NHS due to the cost of caring for an older and larger population.

Among the measures suggested in the FYFV is a greater focus on prevention rather than cure; joining up health and social care budgets; giving patients greater control of their own care; and better use of technology.

Patients are encouraged to get involved in the consultation process. The STP will determine how much money NW London (and Harrow) gets from national funds (1.8bn). Visit www.harrow.gov.uk to read more about NW London STP and to have your say.

Patient Donations

Our patients often show their appreciation for the care and services they receive at the PMC by making generous donations to the Association. This year we have had a substantial donation from Mr & Mrs Kishor Mehta who funded the cost of an ECG monitor. Another couple was delighted to fund the purchase of a set of Sit On weighing scales.

The Patients' Association and the staff of the PMC are very grateful for these additional pieces of equipment. We know they will make a huge difference towards improving the quality of care for our patients.



Follow us on Twitter @pinnpatients May I take this opportunity to wish you and your loved ones a very Merry Christmas and a Happy New Year!











NHS Health App launched for young people in Harrow



A new health app (NHS Go), the first of its kind in London, has been developed specifically for young people. It gives young people greater personal control over their health from an early age; helps them make healthier choices and have easy access to advice and information on health issues from a trusted source.

The app uses content from the NHS Choices website, which is adapted to suit younger audiences. The views of young people across London were sought in the creation, testing and promotion of the app.

Not all conditions need hospital attention www.harrow.healthhelpnow.nhs.uk

The app is available on iOS and Android and can be downloaded via www.NHSGo.uk, Google Play or Apple store.









Sign up now www.easyfundraising.org.uk



PMCPA Membership



The Board is keen to increase the PMCPA's active Membership. If you are not yet a Member of the PMCPA, you can automatically become one simply by forwarding your name and electronic/postal contact details to contact@pinnpatients.org or use the Blue Membership Box in the PMC's patient waiting area.

Laughter is the best medicine





Your local independent Pinner pharmacy offers a whole range of health and wellbeing services like:

- Free Prescription Delivery Service
- Repeat Prescription Ordering and Collection Service from all surgeries
- Repeat Prescription Management Service
- Help and Advice on Health
- Flu Vaccinations
- Stop Smoking Clinic
- Fragrances, Cosmetics and Skincare

Our friendly team look forward to seeing you soon!

24 Bridge Street, Pinner, HA5 3JF Tel: 020 8866 0053

www.carterschemist.co.uk info@carterschemist.co.uk

I hope you found this issue informative. I welcome your feedback so please email me at **jo@pinnpatients.org** with your comments and suggestions.

Joanne Daswani (Chair)



